

# WSDA Church Newsletter

***MOVING FORWARD***

***Second Issue***

**January 10 - 16, 2021**



Because we love Jesus, we are called to pursue God. **2 Timothy. 2:22** says, ***“So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart.”*** To pursue means to *strive to gain; seek to attain or accomplish*. Striving for God is no passive thing. It means we’re putting our all into following him and his plan for our life.

As Christians, so often we find ourselves standing still in our relationship with God. We do the bare minimum to get by. We go to church, get all spiritual and deep during youth group, and then go back to our lives and live like everybody else in the world. We say bad words, do mean things, and just let our “spirituality” fall away until the next time we go to church.

**This isn’t how it’s supposed to be.** We’re supposed to be constantly growing. We’ll never be perfect people, but we can try to live lives according to Christ’s calling. So how do we do this?

Spend time with God by **reading God’s actual Word, the Bible itself!** Joshua 1:8 says, ***“Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it.”*** Let’s take some time out of our day, sit down in a quiet place, and spend time reading the Bible. The more time we spend in the Word of God, the more we get to know Him.

**It can be hard, but part of living with Christ at the centre is making him a priority.** Reading a Bible passage each day will help us get acquainted with its Author; and once we start doing that, we’ll experience a relationship with God like we’ve never had before. **God wants to be in a relationship with us. But if we want to live as Christians, it is our job to make an effort to spend time with Him.**

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## **INSIDE THIS ISSUE**

- 1** *Moving forward in your relationship with God*
- 2** *How to move forward in 2021 – Prayer Corner*
- 3** *Amazing Health Facts! Featuring Ginger & more*
- 4** *Community Resources & Announcements*

# HOW TO MOVE FORWARD IN 2021

We've all acquired patterns of behavior that form the basis of our daily routines. But what happens when our daily routines are suddenly changed? After spending a year embracing uncertainty, how do we start to move forward? The beginning of 2021 is the perfect time to reset our minds, look closely at our habits, and prepare our hearts for what God is going to do next.

## HERE ARE FIVE WAYS TO DO THAT:

1. **Set aside time with God every day.** *You will seek me and find me when you seek me with all your heart.* (JEREMIAH 29:13)

Start rebuilding healthy habits by making time with God your top priority. When you prioritize time with Him, you allow Him to renew your mind and change the way you think. One tool you can use to create a daily quiet time routine is Verse of the Day Stories. Start your day with a Story and get into the habit of letting God's Word speak to you.

**Ask yourself:** At what times of day do I find it easiest and hardest to connect with God?

2. **Fix your eyes on Jesus.** *Let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.* (HEBREWS 12:1-2)

Keeping Jesus at the center of your life will help you lay aside anything that might easily entangle you, and eventually, this practice will change the way you live. So today, take a moment to think about what might be keeping you from focusing entirely on Jesus. Try creating a Prayer in your Bible App and list the distractions you want to surrender. Then, set up a Prayer reminder to help you give those distractions over to Jesus every day.

**Ask yourself:** What desires are keeping me from centering my life completely on Jesus?

3. **Remember whose you are.** *You are not your own, for you were bought with a price. So glorify God in your body.* (1 CORINTHIANS 6:19-20)

Everything you've sacrificed this past year will never compare to the ultimate sacrifice God made for you. So when you begin to grow discouraged, remember that God is eternally invested in your life. Your future is in the hands of Someone who loves you, and He wants you to become the person He created you to be.

**Ask yourself:** What habits will help me glorify God more?

4. **Start small.** *One who is faithful in a very little is also faithful in much, and one who is dishonest in a very little is also dishonest in much.* (LUKE 16:10)

Growth takes time, so just pick something small you'd like to change, and start there. Consistently doing one thing well will make it easier to master other habits later. And if you miss a day (or five), give yourself grace. Starting small makes it easier to pick yourself back up and keep moving forward.

**Ask yourself:** What is one thing I can start to master?

5. **Invite others to join.** *As iron sharpens iron, so a man sharpens the countenance of his friend.* (PROVERBS 27:17)

We weren't meant to go through life alone. You'll find it easier to stay on track if you invite some friends to join you on your journey. Try finding a Bible Plan you'd like to read, and then commit to processing each Plan day together.

**Ask yourself:** What trusted friends can I invite to join me? This could be done with our family, too!

As you keep developing healthy habits, over time you will find yourself becoming more like the person God created you to be. It only takes a moment to get going, and these 5 steps are a great place to start. Pick the number you want to focus on first, and then stay committed to moving forward by applying this bonus step...

**SET REMINDERS!** Reminders are perfect for the times when you need some extra encouragement to continue to build good habits. And by setting up Bible App reminders, you'll always have a way to stay connected to God's Word and His will for you.

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## **The Prayer Corner**

*"Sharing the Christ that Listens, Showing God's Solutions"*



Gaspersz family (loss of Selvia's mother & sister, travelling protection to Indonesia)

Basaraba Family (health)

Dita Gaspersz (health, passing of her aunt & grand-ma)

Pastor Ellis (recovering from bike's accident)

Nobert Sithole (health)

Shannon (health)

Cody (in coma)

Ben Louis (health)

Sharath (salvation issues)

Jeba and Rose (medical issues)

Hanah Haynes (passing of her mother)

Elaine Pappajohn (health)

# DEVOTIONAL

## A FAITH THAT PURIFIES THE LIFE

**But thou, O man of God, flee these things; and follow after righteousness. Godliness, faith, love, patience, meekness. Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses. (1 Thim. 6:11, 12).**

Many teach that all that is necessary to salvation is to believe in Jesus, but what saith the word of truth? \_\_\_ “Faith without works is dead” (James 2:26). We are to “fight the good fight of faith, lay hold on eternal life,” take up the cross, deny self, war against the flesh, and follow daily in the footsteps of the Redeemer....

It is a fatal mistake to think that there is nothing for you to do in obtaining salvation. You are to cooperate with the agencies of heaven. There is a cross to be lifted in the pathway, a wall to be scaled before you enter the eternal city, a ladder to be climbed before the gate of pearl is reached, and as you realize your inability and weakness and cry for help a divine voice will come to you from the battlements of heaven saying, “Take hold of my strength” (Isa. 27:5).

The controversy that was waged between Christ and Satan is renewed over every soul that leaves the black banner of the prince of darkness to march under the blood-stained banner of Prince Emmanuel. The evil one will present the most subtle allurements to draw those away from their allegiance, who would be true to Heaven, but we must yield all the powers of our being into the service of God, and then we shall be kept from falling into the snares of the enemy.

Any course of action that weakens your physical or mental power unfits you for the service of your Creator. We are to love God with all our hearts, and if we have an eye single to His glory we shall eat, drink, and clothe ourselves with reference to His divine will. Everyone who has a realizing sense of what it means to be a Christian will purify himself from everything that wakens and defiles. All the habits of his life will be brought into harmony with the requirements of the Word of truth and he will not only believe, but will work out his own salvation with fear and trembling, while submitting to the molding of the Holy Spirit.

# Amazing Health Facts!

## Health Benefits Of Pumpkin Seed

Improves Antioxidant Activity

Improves Prostate Health

Treats Arthritis and Reduces Inflammation

Acts as a Good Source of Plant Protein

Boosts Metabolism

Reduces Bad Cholesterol

Reduces Blood Pressure

Treats Insomnia

Prevents Kidney Stones

Limits Parasitic Activity



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## DID YOU KNOW ?

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**YOU SHOULD DRINK HALF A LEMON WITH FEW SLICES OF GINGER IN WARM WATER MULTIPLE TIMES A DAY TO BOOST YOUR IMMUNE SYSTEM AND TO REDUCE MUCOUS.**

## 8 HEALTH BENEFITS OF GINGER

1. Improves digestion.
2. Relieves nausea.
3. Soothes inflammation.
4. Alleviates pain.
5. Eases menstrual pain.
6. Regulates cholesterol.
7. Combats infection.
8. Lowers the risk of heart disease and cancer.





## RESOURCES & ANNOUNCEMENTS

**CHURCH AT HOME** – Live streamed every Saturday at 10:00 am (Sabbath School) and at 11:00 am (Praise & Worship/ Main service). To connect, please go to our church website [www.westminstersda.org](http://www.westminstersda.org)

**BREAD MINISTRY** - this Saturday, January 16, at WSDA Church parking lot at 12:30 to 3:00 pm

**WEEK OF PRAYER** - Our Jan 2-9 Week of Prayer was inspiring. God's presence was felt and people were blessed! We serve a God who delights in our prayers. The good news is that we will be continuing our Week of Prayer on a weekly basis! Please join us every Tuesdays and Fridays from 7-8 pm. We are reminded that "A revival needs to be expected only in answer to prayer." (1SM 121.1). Let us come together and seek the Lord.

Below is the zoom link for the meetings:

Topic: Week of Prayer

Time: Jan 12, 2021 07:00 PM Pacific Time (US and Canada). Every week on Tuesday and Friday.

Join Zoom Meeting

<https://zoom.us/j/97305845601?pwd=YUFUUEFCbUVDa1JSSVJvbkF5RDcyQT09>

Meeting ID: 973 0584 5601 / Passcode: 824793

By Phone, Dial (778) 907 2071 / Meeting ID: 973 0584 5601 / Passcode: 824793

<https://us02web.zoom.us/j/81399384357> / Meeting ID: 813 9938 4357

**CHURCH BUSINESS MEETING** - Church Business Meeting with an emphasis on the Vision for the New Year will be held after the Sabbath on Jan 16, at 6:30pm. All church members are encouraged to make plans for it. Below is the Agenda and link information for the meeting.

### **Link information**

Nick Di Tomaso is inviting you to a scheduled Zoom meeting.

Topic: Church Business Meeting Jan 16 6:30pm

Time: Jan 16, 2021 06:30 PM Vancouver

Join Zoom Meeting

<https://us02web.zoom.us/j/85298044785?pwd=UkhOMFpUczRtM2ZOUXRQTm1PQklhUT09>

Meeting ID: 852 9804 4785

Passcode: 879029

Dial by your location

+1 778 907 2071 Canada / Meeting ID: 852 9804 4785 / Passcode: 879029

**BC RECOVERY BENEFIT-** A Recovery Benefit for families and individuals is available starting December 18, 2020. The BC Recovery Benefit is a one-time, tax-free payment of up to \$1,000 for eligible families and single parents and up to \$500 for eligible individuals. Benefit eligibility is based on net income from your 2019 tax return. You must apply to receive the benefit. For information and to apply, please visit the website via the link below.

<https://www2.gov.bc.ca/gov/content/economic-recovery/recovery-benefit>

**REACH –** Dear Westminster Church family, Greetings! In response to requests made by our members and with the goal of healing, the WSDA Church will be offering a debrief session on **January 23<sup>rd</sup> at 6:30 pm, in response to the December 6, 2020 Business Meeting with the BC Conference.**

This will be a facilitated session with a trained moderator that will welcome people to share their thoughts and feelings of how that Business Meeting impacted them.

Please encourage your church brothers and sisters to attend, especially our young people, so we can support the health and unity of our church. More meetings details will be provided shortly. Please encourage your church brothers and sisters to attend, especially our young people, so we can support the health and unity of our church. More meetings details will be provided shortly. God bless!

*Birthdays  
of the  
Month*

