

WORSHIP Program

Praise & Worship.....Praise Team
Welcome.....Elder Nick DiTomaso
Opening Song #015.....Congregation
Invocation.....Carolyn Kranenburg
Offertory.....Esther Ochieng
.....*Local Church Budget*.....
Children's Story.....Collette Hynes
.....*NO Children's Church*.....
Call to Prayer.....Almighty Father
Intercessory Prayer.....Joshua Allotey
Response.....Praise God,
.....From Whom all Blessings
Special Music.....Wally MacFarlane
Scripture Reading.....Natanael Kripakov
.....**Luke 9:51-56**.....
Sermon.....Dr. Ern Brake
Closing Song #292.....Congregation
Benediction.....Dr. Ern Brake
Postlude.....Yu Kosaka



Please show reverence, by muting cell phones, refraining from casual conversations and from wearing strong perfume. Please keep all food and beverages outside the Sanctuary. Thank You

CHURCH Officers

HEAD ELDER: NICK DITOMASO
nick.ditomaso@westminstersda.org

HEAD DEACON: MICHAEL ALLEN
michael.allen@westminstersda.org

HEAD DEACONESS: CINDY LARSEN
cindy.larsen1@icloud.com

CHURCH CLERK: VAL O'CONNOR
valo45@outlook.com

CHURCH TREASURER: PATSY VIRGO
treasurer@westminstersda.org

BULLETIN
bulletin@westminstersda.org

Scan To Give



YOUR PASTORS

How can we serve you?

**In need of a Visitation, Spiritual Support
or want to start Bible Studies? Contact us now!**



Normand Cote, Senior Pastor
(778)-980-5499
ncote@bcadventist.ca



Titmus Morgan, Associate Pastor
(778)-700-9593
tmorgan@bcadventist.ca



Church Office
604-524-6969
info@westminstersda.org
admin@westminstersda.org
www.westminstersda.org

Westminster SDA Church
7925 10th Avenue
Burnaby, BC V3N 2S3
Entrance from 6th St @ 11th Ave



**WELCOME TO
Health Ministries**

WORSHIP Service

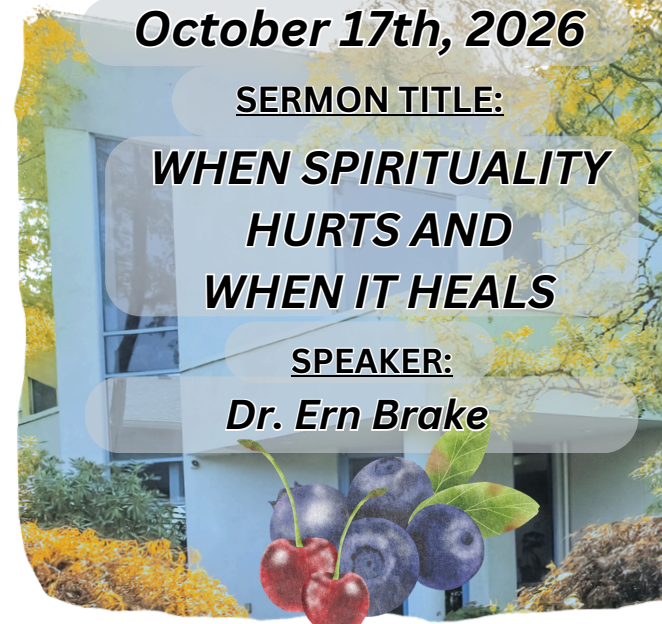
October 17th, 2026

SERMON TITLE:

**WHEN SPIRITUALITY
HURTS AND
WHEN IT HEALS**

SPEAKER:

Dr. Ern Brake



**"SHARING THE CHRIST THAT LISTENS,
SHOWING GOD'S SOLUTIONS"**



FULL POWER PROGRAM

- *HAYSTACK Potluck* — After Service
- “What Gets in the Way of Faith?” @ 2:15 pm
- “Recognizing God’s Guidance: Experiments You Can Try” @ 3:30 pm

SUNDAY: October 18th

- **Brunch @ 10:30 am**
- *please pre-register for \$5*
- **Final Session “God’s Prescription for Body-Mind Strength” — after brunch**
- **Wellness Walk @ 2:30 pm**
- **Seniors’ Fitness Life Group @ 4:30 pm**
- next: October 25 @ 4:30 pm

► SABBATH: October 24th

Speaker: Pastor Normand Cote
Elder in Charge: Elder Lloyd Jura

► SPECIAL OFFERING: October 24th Burman University Canada-Wide Offering

- in-church offerings
- prepared envelopes
- online at www.burmanu.ca

!!!ATTENTION!!!

PARENTS & GUARDIANS,
 please supervise your children,
 keep them close to you
GOD IS HERE
LET’S KEEP HIS TEMPLE CLEAN

Community Service Food Drive
 Please bring non perishables to the Foyer



GOOD TO Know

WESTMINSTER SDA CHURCH EVENTS & SERVICES

► UPCOMING SEMINAR: From October 30 to November 14, 2026 Revelation of Hope and Healing

- Every Evening @ 7:00 pm
- EXCEPT Tuesdays and Thursdays

• Join ONLINE Prayer Meeting

on Teams: Tuesday @ 7:00 PM

Meeting ID: 275 409 013 075

Passcode: GNnL7S

www.westminstersda.org/prayer-meeting

• YOUNG ADULTS VESPERS

Teams: Friday @ 7:00 PM

Meeting ID: 274 905 506 815 92

Passcode: PD6DX3xw

• RUSSIAN SPEAKING SABBATH SCHOOL CLASS

Junior Room: @ 12:45 PM

• COBS BREAD DISTRIBUTION

**Main Entrance: after Service 1st, 2nd &
 4th Sabbath**

In need of PRAYER or a Praying Community?

Please contact Naomi at 672-272-1635

or email at naomi.maina@westminstersda.org

UPCOMING CONFERENCE EVENTS

find on bcadventist.ca

HABAKKUK 2:20

“BUT THE LORD IS IN HIS HOLY TEMPLE.
 LET ALL THE EARTH KEEP SILENCE BEFORE HIM.”

PRAYER Requests & Support

Healing & Salvation

- Hon Hiew, Michelle Hiew's dad
- Pastor Stephen Ubi
- Lana DiTomaso's mom, Virginia
- Minerva J., Roland W., Amanda H.
- Sarah Watson
- Pat Osborne
- Terry Muir
- Pastor Thorp
- Gail Esau
- Bernice Dabney
- Ricardo, Raquel & Lilian
- Burnie (for recovery)
- Beatrice Andersen (suffered a stroke, now in Surrey Memorial Hospital)
- Alena Plechaty — heal her shoulder
- Tony L. — heal his kidney stones
- Rosalie (sick with pneumonia)
- Michael L (Rosalie's son), car accident

Family Life / Comfort

- Condolences to **Nielsen and Strong family** and **Muir family** due to the loss of their son/nephew David
- Prayers for wildfires, earthquakes, flood victims and recovery efforts
- Those looking for jobs and housing
- Conflicts all over the world
- Those experiencing Trauma from tragedies, wars, discrimination, exploitation & natural catastrophes.

PSALM 85:8

“I WILL HEAR WHAT GOD THE LORD WILL SPEAK:
 FOR HE WILL SPEAK PEACE UNTO HIS PEOPLE,
 AND TO HIS SAINTS, BUT LET THEM NOT TURN
 AGAIN TO FOLLY”



HEALTH SEMINAR SCHEDULE

FRIDAY, OCT 16

7:00 PM | Opening Session [1]: *The Awakened Brain: Exploring the Science of Spirituality*

SATURDAY, OCT 17

11:00 AM | Session [2]: *When Spirituality Hurts and When It Heals*

12:30 PM | Fellowship Lunch- **Registration required via QR code**

2:15 PM | Session [3] *What Gets in the Way of Faith?*

3:30 PM | Session [4:] *Recognizing God's Guidance: Experiments You Can Try*

SUNDAY, OCT 18

10:30 AM | Community Brunch - **\$5 entry fee • Registration required via QR code**

12:00 PM | Closing Session[5]: *God's Prescription for Body-Mind Strength*

2:30 PM | **Wellness Walk:** **30-min round trip to a nearby park.**

(Perfect for families, young adults, and middle-aged persons.

Activewear attire recommended. Light refreshments provided after)

4:30 PM | **Seniors Workout Session:** Guided by a trained Physiotherapist (**In collaboration with the Sports & Social Committee**)

See you there! Bring a friend, a water bottle for Sunday's walk, and an open heart. ♥

Local Church Budget

Perhaps the most obvious need addressed in the

My Personal Giving Plan is the LOCAL CHURCH

Like every family, the local church family has financial obligations to meet. Some are easy to see (like power and heat), but many are not as obvious:

- *children's magazines*
- *Sabbath School Bible study guides*
- *teaching supplies*
- *cleaning services*
- *church school operating expenses*
- *property insurance*
- *worthy student fund*
- *community outreach etc.*

These are but a few of the costs that must be met month after month as the local church seeks to be a light in the community!

Because these expenses are constant, My Personal Giving Plan recommends that 3 to 5 percent of one's income be set aside for the local church budget.

This systematic giving ensures that all share both in the blessings and the responsibilities of the local congregation

*"And I will make them and the places round about My hill
a blessing, and I will cause the shower to come down in
his season; there shall be showers of blessing."
Ezekiel 34:26*

WESTMINSTER SEVENTH-DAY ADVENTIST CHURCH

A message of hope for uncertain times



It Is Written
Canada

REVELATION OF HOPE & HEALING

A JOURNEY INTO BIBLE PROPHECY

MIKE LEMON

Speaker / Director
It Is Written Canada

OCT 30 - NOV 14, 2026

Evenings 7 PM • Sabbath 11 AM

7925 10th Avenue, Burnaby, BC

Entrance at 11th Ave & 6th Street

FREE ADMISSION • FREE PARKING

Nightly Children's Programs • Door prizes



westminstersda.org/upcomingseminar

NEED OF PASTORAL VISITS?

(prayer, counsel, other spiritual guidance)

Please contact:



- In person on Sabbath



- By phone:
 - Church office: 604-524-6969 — Monday, Wednesday, Friday from 10:00 AM to 1:00 PM
 - Pastors:
 - Titmus Morgan — 778-700-9593 — Tuesday from 10:00 AM to 4:00 PM
 - Normand Cote — 778-980-5499 — Thursday from 10:00 AM to 4:00 PM



- By email:
 - Church office: admin@westminstersda.org
 - Pastor Normand Cote: ncote@bcadventist.ca
 - Pastor Titmus Morgan: tmorgan@bcadventist.ca

They are here to serve you.

